



Black History Month 2025



Standing Firm in Power and Pride

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Welcome Message

Good evening, everyone.

Welcome to Caring and Sharing's 8th Black History Month Celebration. I'm Nicky Iginla, CEO of CAS, and it's a joy to share this moment with you under the inspiring theme, "Stand Firm in Power and Pride."

This theme reminds us that standing firm isn't about staying still; it's about standing strong in truth, dignity, and legacy. Our ancestors stood through adversity and built the foundations of resilience and hope that we continue to build upon today.

At CAS, we believe inclusion begins with listening. Every voice and every story adds richness to the collective experience we share. Black History Month gives



Nicky Iginla, The CEO

us space to honour the courage, creativity, and resilience of Black people, whose contributions continue to shape and inspire our world.

We're deeply grateful to all our volunteers for their dedication, our trustees for their guidance, our staff, and partners for their collaboration, and our funders for their unwavering support. You make our mission possible, and you remind us what it means to truly stand firm in power and pride.

As we celebrate tonight, let's keep standing, for justice, for inclusivity, for opportunity, and for one another. Because when we stand together, in power and in pride, we honour our past and shape a brighter tomorrow.

Thank you.

Our Guest Speakers



EstherA
Guest Speaker



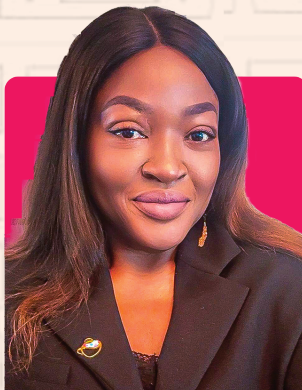
Mayor Janet Emsley
Special Guest



Tikhala Chimpango
Guest Speaker



Councillor Neil Emmott
Guest Speaker



Ruth Ogunji
MC of the Day



Sajjad Miah
Guest Speaker

Africa Day 2025

A joyful celebration of rhythm, colour, and connection.



Women's Well-being Workshops

Healing, empowerment, and sisterhood in action.



A Look Back at Our Community Highlights



Friends of Shamwari Socials

Friendship across cultures — standing together as one.



Refugee and Asylum Support

Helping families stay connected and confident.



Digital Inclusion & ESOL Sessions

Restoring dignity, hope, and belonging.



King's Award



Charity Shop opening



N-Compass



VIP over 60s walk



Garfield Weston

Community Voices: What Black History Means to Me

Hear what **Black History Month** means to some of our community members and staff members:



Mariam

"Black History Month reminds me that no matter where I come from, I have a story worth telling."



Ola

"It's about courage and creativity, seeing strong people who never gave up."



Clara

"Standing firm means not letting hardship define me but using it to grow stronger."



Kazy

"Pride is remembering where I come from and teaching my children to do the same."



Bibi

Power is in unity. When we lift each other up, no one is left behind.



Faith

This community reminds me that strength is in togetherness."

Creative Corner



Poem: Standing Firm

We stand, not bowed, not broken,
In voices strong and hearts outspoken.
Our roots run deep, our dreams held high,
In power, in pride, beneath the sky.
The past gives light to the path ahead,
Where courage walks and hope is fed.
We rise, we build, we lead, we learn –
Standing firm in power, with pride we burn.

Did You Know?

1. The first Black British newspaper, "The Keys," was published in 1933 by the League of Coloured Peoples, addressing racial discrimination and promoting Pan-African unity.
2. The UK's first Black History Month was celebrated in 1987 – thanks to Akyaaba Addai-Sebo, a Ghanaian-born special projects officer at the Greater London Council, who wanted to honour the contributions of African and Caribbean communities in Britain.
3. During WWI, over 15,000 Black men from the Caribbean volunteered to fight for Britain, despite facing significant discrimination and being paid less than white soldiers.
4. Ignatius Sancho (1729–1780), born on a slave ship, became the first Black Briton to vote in a general election and was also a celebrated writer, composer, and shopkeeper in 18th-century London.
5. Manchester and Liverpool were among the first UK cities to embrace Black History Month, recognising their long-standing African and Caribbean communities and their role in Britain's cultural and social development.



Woman of Strength: Clara

A mother of one, Clara joined Caring and Sharing in 2025 through our Women's Befriending group. Since then, she has volunteered at all our workshops and services and has also supported new refugees in settling into Rochdale. Her doggedness and compassion embody the spirit of "Standing Firm in Power and Pride."





CARING AND SHARING

MAKING A POSITIVE CHANGE IN OUR COMMUNITY

Our Activities

MON

ICT Workshop

12:00 - 2:00PM

TUES

Cup of Tea & Chat

11:00AM - 2:00NOON

Food Pantry

11:00AM - 2:00PM

1:1 Appointments

WED

Women's Workshop

11:00AM - 1:00PM

THUR

ESOL Class

11:00AM - 1:00PM

**Refugee & Asylum Seeker
Drop-In Sessions**

11:00AM - 2:00PM

Food Pantry

11:00AM - 2:00PM

FRI

Numeracy Workshop

12:00 - 2:00PM

**ICT Workshop
(1:1 Sessions)**

3:00 - 5:00PM

Girl's Sport Session

5:00 - 6:00PM

EVENTS AND SOCIALS

**Friends of Shamwari
Monthly Socials -**

**EVERY 1ST SATURDAY
OF THE MONTH**

Couples' Night

FEBRUARY 14

Womanhood Celebration

MARCH 22

Africa Day Celebration

MAY 25

Black History Month

OCTOBER



78 Yorkshire Street,
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DONATE

**Your Preloved Items
to Our Charity**

Got clothes, furniture, or bric-a-brac you no longer need? We collect it all! Every item you give helps us make a difference.

Donate Today
and be part of the change!

Visit our charity shop or call us to arrange a collection.



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**STEERED
TO
SERVE..**

STEERED IN THE
RIGHT
DIRECTION!



Black history month!
October 2025

Special thanks to our partners & funders

With heartfelt thanks, we extend our deepest gratitude to
our partners and funders, for their continued support in helping us
make a lasting difference.

Your generosity enables us to empower families, celebrate culture, and
create spaces where everyone, regardless of background can stand firm in
power and pride.



Join Our
**Caring and
Sharing Family!**

Are you passionate about giving back to the
community?

We're always looking for volunteers to support
our programmes from food distribution and
events to mentoring and community outreach.
Scan the barcode to register your interest and
become part of a team that's making a real
difference in Rochdale.

Together, we stand firm in **power, pride, and
purpose.**



Follow us!



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